

Head-Neck-Systemic Symptoms Associated with TMJ-Cranial-Dental Disorder: summary of a study by Aelred Fonders, D.D.S.

1. *Jaw Joints*

clicking/popping noise,	100%
“Z” jaw opening-closing	100%
head-jaw-neck pain	100%
subluxation	100%

2. *Dental*

wear facets	89%
Periodontal disease	68%
Saliva quality or quantity	82%

3. *Ears*

hearing loss	97%
itching	74%
vertigo	74%
tinnitus	92%
excessive ear wax	85%
ear aches (occasional)	23%

4. *Head & Neck Pain*

Headache		
Women	99%	(frequent migraine + sinus)
Men	47%	(infrequent migraine, common sinus)
Neck & Shoulder dull ache	94%	
Neuralgic pains	82%	

5. *Sinus and Throat (except fresh air sleepers)*

Post nasal drip	93%
Habitual clearing of throat	84%
Sinusitis	86%
Chronic colds	58%
Sneezing	57%
Hay fever	21%
Asthma	7%

6. *Eyes (some symptoms are usually present)* 84%

light sensitivity (frequent)
blurry vision (common in advanced cases)
itching or burning (frequent)
twitching eye lids (periodic)
infection (very common)

7. *Hair, Scalp, & Skin*

Dry skin in hands, scalp, face	93%
Diffuse hair loss (common in women)	
Dry and brittle hair (common in women)	
Skin rashes, dermatitis, acne	

8. *Gut (Gastro-Intestinal)* 94%

Upset stomach & Heart burn	86%
Constipation (occasional to chronic)	92%
Bladder infection (women)	26%
Kidney infections	24%
Gas and/or itching	29%
Bed wetting in children	8%
9. <i>Gynecological</i>	99%
Irregular menstrual cycle	99%
Premenstrual tension	96%
Cramps or Pain (mid-menstrual)	97%
Frigidity (usu. After 2 children)	85%
Miscarriage or infertility	51%
10. <i>Mental-Mood</i>	
Depression (esp. during periods)	97%
Easy irritability (esp. among men)	86%
Increased nervous tension	86%
Malaise ("Don't feel like it")	61%
Worrying (esp. women)	84%
Restless sleep (awake tired)	78%
Melancholia (not uncommon)	
Hypochondria (frequent in females)	
Forgetfulness (common complaint)	
11. <i>Skeletal & Appearance</i>	
Backaches and leg aches	47%
Cold hands and feet	67%
Numbness in hands and legs	32%
Facial pallor	
Dull non-sparkling eyes	
12. <i>Endocrine-Medical</i>	
Low thyroid	<i>an almost constant finding</i>
Thirst not satisfied by water	43%
Restless nibbling at food (non-satiation)	