



Holistic Mouth Score

Score yourself by circling either the “0” or the “1” for each symptom you may be experiencing. Please bring your completed form to your first appointment/consultation with Dr. Liao and he will be able to tell you your overall Holistic Mouth Score.

<u>Mouth</u>	Score	<u>Body</u>	Score
Snoring	0 1	Gasping or Choking in sleep	0 1
Teeth Grinding	0 1	Neck & Shoulder Pain	0 1
Mouth Breathing	0 1	Erectile Dysfunction & PMS	0 1
Dry Mouth	0 1	High Blood Pressure	0 1
Gum Recession & Redness	0 1	Diabetes Type II	0 1
Clicking Jaw Joints & Zig-Zag Jaw Opening	0 1	Weight gain & Abdominal Obesity	0 1
Morning Headache & Sore Jaws	0 1	Heart Arrhythmia	0 1
Deep Overbite or Underbite	0 1	Daytime Sleepiness & Fatigue	0 1
Chipped and/or Broken Teeth	0 1	Senile Memory & ADD/ADHD	0 1
Tooth prints on side of tongue	0 1	Stuffy or Running Nose	0 1
Bony growth - palate or lower jaw	0 1	Scratchy, Itchy Throat, Acid Reflux	0 1
Sunken lips & Reverse smile curve (sad)	0 1	Ears forward of shoulder point	0 1
Frequent Cavities	0 1	Poor Digestion, Poor Elimination	0 1
Braces & Teeth Extractions	0 1	Urinate more than once a night	0 1
Bulge under lower jaw and chin	0 1	Large Neck Size (M >17, W >15)	0 1
Malocclusion (crowded teeth)	0 1	Depression, Anxiety, Grouchiness	0 1